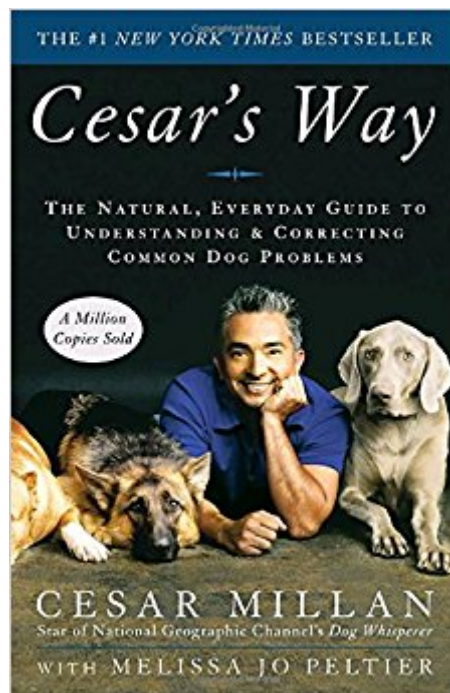




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# Cesar's Way: The Natural, Everyday Guide To Understanding & Correcting Common Dog Problems



## Synopsis

In *Cesar's Way*, Cesar Millan's nationally recognized dog expert and star of National Geographic Channel's hit show *Dog Whisperer with Cesar Millan* helps you see the world through the eyes of your dog so you can finally eliminate problem behaviors. From his appearances on *The Oprah Winfrey Show* to his roster of celebrity clients to his reality television series, Cesar Millan is America's most sought-after dog-behavior expert. But Cesar is not a trainer in the traditional sense—his expertise lies in his unique ability to comprehend dog psychology. Tracing his own amazing journey from a clay-walled farm in Mexico to the celebrity palaces of Los Angeles, Cesar recounts how he learned what makes dogs tick. In *Cesar's Way*, he shares this wisdom, laying the groundwork for you to have stronger, more satisfying relationships with your canine companions. Cesar's formula for a contented and balanced dog seems impossibly simple: exercise, discipline, and affection, in that order. Taking readers through the basics of dog psychology and behavior, Cesar shares the inside details of some of his most fascinating cases, using them to illustrate how common behavior issues develop and, more important, how they can be corrected. You'll learn:

- What your dog really needs may not be what you're giving him
- Why a dog's natural pack instincts are the key to your happy relationship
- How to relate to your dog on a canine level
- There are no "problem breeds," just problem owners
- How to choose a dog who's right for you and your family
- The difference between discipline and punishment
- And much more!

Filled with fascinating anecdotes about Cesar's longtime clients, and including forewords by the president of the International Association of Canine Professionals and Jada Pinkett Smith, this is the only book you'll need to forge a stronger, more rewarding connection with your four-legged companion. Also available as a Random House AudioBook

## Book Information

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## Customer Reviews

Fans of the National Geographic Channel's The Dog Whisperer with Cesar Millan will be grateful for Cesar's Way, an accessible guide to help new and current dog owners better understand the needs of their beloved pets. If you are not yet a fan, try to catch a couple of episodes of the remarkable show--you will be amazed, impressed, and motivated to create a healthier, more fulfilling relationship with your dog. In Cesar's Way, Cesar explains that dogs are not complicated, and despite what various owners think--not human. They rely on three key elements in their lives: exercise, discipline, and affection (in that order). "Problem dogs" can be attributed to "problem owners," owners who don't understand and misinterpret their dog's behavior. Cesar's Way is really a training program for dog owners, with chapters devoted to understanding the "power of the pack," taking responsibility for "how we screw up our dogs," and learning how to manage aggression. Cesar's book (a must-have for new and old dog owners) moves beyond basic obedience school techniques, and teaches owners how to change unwanted behavior by better understanding their "best friends." --Daphne Durham

[Exclusive Video from Cesar Millan](#)    [Watch the video](#)    [Watch a Clip from the Show](#)

Watch Cesar in action in this clip of The Dog Whisperer with Cesar Millan, courtesy of the National Geographic Channel. Or, tune in on Friday nights, at 8 p.m. ET/PT. Cesar Millan's Top 5 Tips for Going to the Dog Park

1. Make sure your dog is spayed or neutered, has all her shots, and is in good health. Under no circumstances should you bring a sick dog to a dog park!
2. Do not use the dog park as a substitute for the walk! If you drive to the park, leave your car a block away and take your dog on a vigorous walk of at least thirty-five minutes to drain some of her energy. Never take an over-excited dog to the park.
3. While at the park, don't "punch out" on your calm-assertive leadership. Be aware of your dog at all times, and take responsibility for her behavior.
4. A calm-submissive dog will not attract another dog's aggression--but an excited dog, a weak, timid dog, or an aggressive dog can become a fight-magnet.
5. Know your dog! If your dog has poor social skills, is overly fearful or is dog aggressive, or if you have not yet established your calm-assertive leadership with your dog, find a more controlled way to introduce her to the company of other dogs, such as "play dates" with one or two other dog owners.

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Founder of the Dog Psychology Center in Los Angeles, Cesar Millan is the star of Dog Whisperer with Cesar Millan on National Geographic Channel. In 2005, the National Humane Society Genesis Award Committee presented him with a Special Commendation for his work in rehabilitating sheltered animals. A native of Culican, Mexico, Cesar lives in Los Angeles with his wife, Ilusion, and two sons, Andre and Calvin. Melissa Jo Peltier, an executive producer and writer of Dog Whisperer with Cesar Millan, has been honored for her film and television writing and directing with an Emmy and more than fifty other awards. She lives in Los Angeles and Nyack, New York. From the Hardcover edition.

I had adopted a dog with a behavioral issue and was at my wits end trying to find solutions to help the little guy out. I have seen Cesar's show a number of times, and am a fan, but this is not a training book. It is really more of an autobiography. Cesar has really done so much for troubled animals, and it is an interesting read, but I would not purchase this if you're looking to train a puppy or dog. I highly recommend Patricia B McConnell's training books, as well as the one by the monks. Patricia's books are soft covered and approximately twenty pages. She has a number of short books that concentrate on specific issues. The monk book is comprehensive. Both are great.

Really like this book as a prelude to more specific training books. This teaches you the right mindset and helps you to understand your dog's nature and perspective. I found it very helpful.

I have not finished the book but from what I've read it's a good read. Now the book was sold as used very good but it definitely was not very good pages bent, chunks missing out of the cover and good something sticky all over it! Pretty unprofessional and definitely not worth 10.00 for something so beat up! My advice buy the new one!

After reading this book, I have become conscious of remaining calm-assertive when interacting with my dog, and my dog is responding. These concepts are not training or how-to, but rather a different way of conceptualizing your relationship with your dog. Thank you Cesar!

I am interested in learning more about this approach to dog psychology. I am hoping that other books by this author will provide more in depth account on how to put these methods into practice. I would recommend this book as it did help me to put my toes in the water and do new things that

seemed to improve my relationship with my dog. What it really did was provide the insight into how a dog thinks which is a very valuable and essential first step. My dog seems happier for it and for all he does for me I really owe it to Make his life as joyful as I can.

He is really intent on doing it HIS way, which we can't always do. Am disabled so the one mile walk every day isn't possible, but we do all the rest. Our dog isn't as disciplined as he would like, but she is polite, has food and water, lots of affection and attention and she is loved by many even though she is a German Shepherd and is supposed to be a toughie. We've socialized her from 6 weeks old and she doesn't know she's supposed to be a bad-ass, so when a tiny dog bit her, she ran to her daddy crying like a baby, holding up the offending paw for sympathy. Just like we want her to be.

I purchased this because we are considering making our youngest dog a therapy dog at the recommendation of his vet and some others who have come into contact with him. They all told me he had the right personality for the job, and since all of our dogs have only ever been "pets" I felt this book might give me some helpful advice. We are not experiencing behavioral problems with any of our three dogs, so I wasn't looking for a "fix", quick or otherwise. But honestly, I didn't get much here. Exercise first, discipline second, and then affection. That's pretty much what I walked away with. Not sure I agree with that. especially considering that our oldest dog is an 11 1/2 year old German Shepherd who thinks that meandering around the big back yard is sufficient exercise and the youngest is a Basset Hound under a year. And that breed is notoriously laidback. I hesitate to use the word lazy because I just prefer to think of it as a calm personality, lol. There was a lot about Cesar himself, which was interesting but not really what I paid for. I guess if I had never had a dog I might have felt like I learned more, but some of this stuff (a lot of it, in fact) is something that any good dog owner should pick up on over the years. You can see the pack mentality at work when you bring home a new dog. The newcomer has to learn his/her place in the pack. In our case, among the dogs, the German Shepherd is boss because she's oldest and has been here the longest. But even she knows the humans are the pack leaders. I get that. Our dogs get it. So again, maybe I just wasn't the right audience for this book.

Wonderful, helpful information. He knows his stuff about dogs & their owners who need to be better educated about dogs & being the "leader of the pack".

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